

Franklinton High School

ARTS & MOVEMENT CLASSES

COURSE CATALOGUE



2025 - 2026

Welcome to Franklinton High School's Arts & Movement Program COURSE CATALOGUE for the 2025-2026 school year.

We have created this COURSE CATALOGUE to provide our students and families with an introduction to the Arts & Movement Classes we offer and the amazing FHS staff who teach them. Please review this Catalogue and discuss it with your friends and your family.

On the first Wednesday of the new school year, each student will get to select both a Monday / Thursday and a Tuesday / Friday A&M class for the 1st Semester of the 2025-2026 school year.

Arts & Movement Class Schedule

Mondays and Thursdays 2nd Block (10:30 AM – 12:00 PM)

Firebird Records Photography II Animation Painting Dance
Drumline Beauty II Forum Cooking Boxing Strings Masterclass

Tuesdays and Fridays 2nd Block (10:30 AM – 12:00 PM)

Yoga Photography Martial Arts Painting Sculpting
Cooking Forum Dance Firebird Records

At FHS, Arts & Movement Classes are as important as Academic Classes. Research shows that students who experience dynamic and engaging arts classes are more confident learners and demonstrate improved learning outcomes in all classes, including math, science and reading. In addition, our Arts & Movement classes help our students find and express their own creative voice. That's why Arts & Movement classes at FHS are integral to our school's success.

We invite all of our students and our families to review this COURSE CATALOGUE prior to the 1st day of school so that our students are ready to select their A&M Classes at the end of the 1st Week of Classes.

A Few Words About A&M Class Grading

At the beginning, everyone is a beginner! That's why we don't expect our students to become excellent artists, dancers, singers, chefs, or designers but we do expect our students to demonstrate the same commitment and effort to A&M Classes as they do to their Academic Classes. Our professional A&M teachers are patient and align their teaching to the individual skill levels of their students. This way, everyone can grow in their chosen A&M classes and the grades our students earn will be based on individual growth and respect for the process of learning.

Table of Contents

Program Introduction	3
Animation	4
Beauty	5
Boxing	6
Cooking	7
Dance	8
Digital Music	9
Forum	10
Martial Arts	11
Painting	12
Photography	13
Sculpting	14
Violin Masterclass	15
Yoga	16
Remarks - FHS Staff	17



FRANKLINTON HS: ARTS & MOVEMENT

where creativity meets confidence & career

Unleash your creativity with Franklinton High School's Arts & Movement program — a one-of-a-kind opportunity to explore your voice through art, performance, and design.

At FHS, we believe Arts Literacy is more than just learning to paint, dance, or act. It's about developing the **knowledge, inspiration, language, skills, and tools** to express yourself clearly and confidently. That's why we dedicate **25% of every school day** to creativity, with students choosing two different art disciplines each semester. Options include visual art, theatre, vocal performance, photography, martial arts, dance, and more!

Our classes are taught by real-world artists and performers who are not only passionate about their craft but committed to helping you grow. We don't just teach art — we teach culture, discipline, and bravery. Our studios and classrooms are safe spaces where you're encouraged to take risks, make mistakes, and develop mastery over time. We focus on **foundations** first and believe that repetition leads to real growth.

Whether you're preparing for college, exploring career options, or just want to try something new, our program connects you with professional experiences, industry insights, and new opportunities for success. We challenge you to think, move, speak, and create with purpose.

Here at Franklinton High School, the Arts & Movement program isn't just part of the school. It's what makes our school unique.

ANIMATION CLASS

with Mr. Wood



ANIMATION CLASS - a dynamic and engaging course designed for high school students with a passion for bringing art to life.

This class requires no prior experience and is perfect for beginners who are curious about the world of animation. Students will explore various techniques and styles, from traditional hand-drawn animation to modern digital practices.

COURSE OBJECTIVES

By the end of this course, students will:

- Understand the basic principles of animation, including timing, motion, and storytelling.
- Gain proficiency in using animation software and tools.
- Develop their own animated projects from concept to completion.
- Learn about the history and evolution of animation as an art form.
- Explore career opportunities in the animation industry.

ASSESSMENT

Students will be assessed through a combination of practical projects, participation in class activities, and a final animated short film. Regular feedback will be provided to help students improve their skills and understanding of animation concepts.

POTENTIAL FIELD TRIPS

Pixel Park:

- Visit the studio to see how animated content is created for commercials and digital media.
- Participate in a workshop on motion graphics and animation software.
- Learn about the integration of animation in advertising and media production.

The Idea Foundry:

- Tour the maker space and see the tools available for digital creation.
- Participate in workshops on animation, 3D modeling, and digital media.
- Learn about the intersection of technology, creativity, and entrepreneurship in animation.

Otherworld:

- Explore the immersive art installation that features animation and digital art.
- Participate in a guided tour and learn about the creation of the interactive exhibits.
- Engage in workshops on creating immersive animated environments.

BEAUTY CLASS

with Ms. Starliper



BEAUTY CLASS - an engaging and practical course designed for high school students interested in exploring the world of beauty.

This class requires no prior experience and is perfect for beginners who want to learn about skincare, makeup techniques, and the beauty industry. Students will gain hands-on experience and develop skills to enhance their personal beauty routines and potentially pursue careers in beauty.

COURSE OBJECTIVES

By the end of this course, students will:

- Understand the basics of skincare and its importance.
- Learn fundamental makeup application techniques.
- Gain knowledge about different beauty products and their uses.
- Develop skills in nail care and hair styling.
- Explore career opportunities in the beauty industry.

ASSESSMENT

Students will be assessed through a combination of practical demonstrations, participation in class activities, and a final project where they create a complete beauty look. Regular feedback will be provided to help students improve their skills and understanding of beauty concepts.

POTENTIAL FIELD TRIPS

JCPenney Salon:

- Tour the salon and observe the daily operations.
- Speak with experienced stylists about their careers.
- Attend a demonstration or workshop on advanced techniques.

SalonCentric:

- Tour the store and learn about professional beauty products.
- Attend a product demonstration or a mini-workshop.
- Get insights into the business side of the beauty industry.

Premier Beauty Classic:

- Attend one of the largest beauty trade shows in the region.
- Explore vendor booths, product demonstrations, and live competitions.
- Network with industry professionals and discover new trends.

BOXING CLASS

with Ms. Marya



BOXING CLASS - a high-energy and empowering course designed for high school students interested in fitness, self-discipline, and the fundamentals of boxing.

No prior experience is necessary—this class is perfect for beginners and those looking to build strength, coordination, and confidence through non-contact boxing techniques.

COURSE OBJECTIVES

By the end of this course, students will:

- Learn the basic stances, footwork, and punching techniques.
- Improve physical conditioning, coordination, and endurance.
- Understand the importance of discipline, respect, and mental focus.
- Gain knowledge of boxing history, terminology, and safety practices.
- Develop personal fitness goals and track progress throughout the course.

ASSESSMENT

Participation in training drills, conditioning circuits, and skill-building exercises.

Demonstrations of technique, form, and footwork.

A final showcase of learned combinations and controlled shadowboxing routines.

Personal goal setting, fitness tracking, and reflection assignments.

POTENTIAL FIELD TRIPS

TITLE Boxing Club

Columbus:

- Tour the facility and observe a class in action.
- Participate in a beginner-friendly group workout.
- Speak with coaches about training, discipline, and career pathways.

YMCA:

- Meet amateur and professional boxers.
- Learn about boxing as a tool for personal growth and community impact.
- Observe live sparring and ask questions about training regimens.

Ohio Golden Gloves

Tournament:

- Attend a sanctioned amateur boxing event.
- Watch various skill levels compete in a safe, regulated environment.
- Reflect on the athleticism, strategy, and discipline required at a competitive level.

COOKING CLASS

with Mr. Croke



COOKING CLASS - a fun and practical course designed for high school students of all levels who have a passion for cooking.

This class requires no prior experience and is perfect for beginners and intermediate cooks alike. Students will learn fundamental cooking techniques, explore a variety of cuisines, and develop kitchen skills that can lead to acceptance into the advanced Cooking II class for the second semester.

COURSE OBJECTIVES

By the end of this course, students will:

- Understand and apply basic cooking techniques.
- Learn kitchen safety and hygiene practices.
- Gain knowledge of nutritional principles and healthy eating.
- Develop skills in meal planning and recipe reading.
- Explore a variety of cuisines and cooking styles.
- Cultivate creativity and confidence in the kitchen.

ASSESSMENT

Students will be evaluated based on participation, practical cooking assignments, and written quizzes. The final project involves planning, preparing, and presenting a complete meal, demonstrating their acquired skills and knowledge.

POTENTIAL FIELD TRIPS

Columbus State Culinary:

- Tour the facilities and learn about advanced culinary training programs.
- Participate in a cooking demonstration or workshop.
- Speak with instructors and students about their experiences and career paths.

North Market:

- Explore Columbus's historic public market and its diverse food vendors.
- Participate in a guided tour focusing on local and international cuisines.
- Engage with vendors to learn about different cooking techniques and ingredients.

Franklin Park Conservatory and Botanical Gardens:

- Learn about farm-to-table concepts and sustainable agriculture.
- Participate in a workshop on growing and cooking with fresh herbs and vegetables.

DANCE CLASS

with Ms. Dillon



DANCE CLASS - a vibrant and energetic course designed for high school students who love to move and express themselves through dance.

This class requires no prior experience and is perfect for beginners and those with some dance background. Students will explore various dance styles, learn fundamental techniques, and develop their own creative expression through movement.

COURSE OBJECTIVES

By the end of this course, students will:

- Understand the basic principles and techniques of different dance styles.
- Develop physical coordination, flexibility, and strength.
- Learn about the history and cultural significance of various dance forms.
- Create and perform original choreography.
- Build confidence and teamwork skills through group performances.

ASSESSMENT

Students will be assessed through a combination of practical dance assignments, participation in class activities, written reflections on dance topics, and a final performance project. Regular feedback will be provided to help students improve their skills and understanding of dance concepts.

POTENTIAL FIELD TRIPS

Columbus Dance Theatre:

- Watch a contemporary dance performance.
- Tour the facilities and observe a rehearsal.
- Participate in a modern dance workshop or technique class.

The Ohio State University - Department of Dance:

- Tour the dance department facilities, including studios and performance spaces.
- Attend a dance class or rehearsal.
- Engage with university students and faculty about their training and experiences.

OhioDance Festival:

- Attend performances, workshops, and masterclasses at the annual dance festival.
- Participate in sessions on dance technique, choreography, and dance history.
- Network with dancers, instructors, and choreographers from across the state.

DRUMLINE CLASS

with Mr. Curenton



DRUMLINE CLASS - an energetic and skill-building course designed for high school students interested in percussion performance and teamwork.

No prior drumming experience is required, making it ideal for beginners and developing musicians alike. Students will gain hands-on experience with various percussion instruments, learn how to read music, and perform as part of an ensemble.

COURSE OBJECTIVES

By the end of this course, students will:

- Understand basic music theory and rhythmic notation.
- Learn fundamental drumming techniques (snare, bass, tenor, cymbals).
- Develop ensemble performance skills and coordination.
- Explore a variety of percussion styles, cadences, and warmups.
- Build confidence through live performance opportunities.

ASSESSMENT

Participation in rehearsals and daily warmups.

Skill-based performance checks and sectionals.

A final group performance showcasing ensemble work and technical growth.

Peer and self-assessment to reflect on progress and teamwork.

POTENTIAL FIELD TRIPS

Columbus Percussion:

- Tour one of the largest percussion stores in the country.
- Attend workshops or clinics with professional drummers.
- Explore a wide range of instruments and accessories.

Local College Drumlines (OSU or Capital University):

- Watch rehearsals or performances.
- Participate in a Q&A with student musicians and instructors.
- Learn about college music opportunities and auditions.

Community Parades or Sporting Events:

- Perform in a public event to build confidence and community engagement.
- Observe other drumlines and marching ensembles in action.
- Reflect on performance and crowd interaction.

FIREBIRD RECORDS | DIGITAL MUSIC

with Mr. Ali



DIGITAL MUSIC - a dynamic and innovative course designed for high school students who are passionate about music and technology.

This class welcomes students with or without prior musical experience, offering a creative space to explore the art and science of digital music production. Students will learn to compose, edit, and produce music using digital tools while understanding the fundamental concepts of sound and music theory.

COURSE OBJECTIVES

By the end of this course, students will:

- Understand the principles of digital audio production and music theory.
- Develop skills in using digital audio workstations (DAWs) and other music production tools.
- Explore the history and evolution of music technology and its impact on the music industry.
- Create original compositions and sound designs.
- Collaborate with peers to produce and critique music projects.

ASSESSMENT

Students will be assessed through a combination of project-based assignments, participation in class activities, written reflections on music and technology topics, and a final portfolio showcasing their original music compositions and productions. Regular feedback will be provided to help students refine their technical and creative skills.

POTENTIAL FIELD TRIPS

Wexner Center for the Arts:

- Attend a live multimedia performance combining music and technology.
- Attend a live multimedia performance combining music and technology.

The Ohio State University - School of Music:

- Tour recording studios and music technology labs.
- Engage with faculty and students about careers in music production.
- Attend a lecture or demonstration on music technology advancements.

CD102.5 Big Room or a Local Recording Studio:

- Observe a professional recording session in progress.
- Learn about studio equipment and techniques from industry professionals.
- Participate in a hands-on music production activity.

FORUM

with Ms. Sammi



FORUM - a supportive and flexible course designed for our students who need to recover credits or require a structured environment for focused study.

This class follows the Connexus Learning Program, which emphasizes personalized learning plans and self-paced progress. Whether you're catching up on missed coursework or seeking a productive study space, this class is tailored to meet your individual needs.

COURSE OBJECTIVES

By the end of this course, students will:

- Recover credits needed for graduation.
- Receive tutoring with time and space to complete Connexus courses, assignments, and homework.
- Develop effective study habits and time management skills.
- Receive personalized support and guidance from instructors.
- Utilize the Connexus Learning Program to enhance learning.
- Improve academic performance and confidence in various subjects.

ASSESSMENT

Students will be assessed through their assigned work.

POTENTIAL FIELD TRIPS

Ohio Statehouse:

- Take a guided tour to learn about Ohio's history, government, and architecture.
- Explore the Statehouse art collection and possibly engage in a sketching session focusing on architectural details.

Wexner Center for the Arts:

- Attend exhibitions and film screenings that relate to art history or contemporary art practices.
- Participate in workshops or talks by visiting artists that complement the course curriculum.

COSI:

- Explore interactive exhibits related to science, technology, engineering, and mathematics (STEM) that may include elements relevant to art and design.
- Engage in workshops or demonstrations that explore the intersection of science and art, such as digital art or kinetic sculptures.

MARTIAL ARTS CLASS

with Sensei Wood



MARTIAL ARTS - an exciting and comprehensive course designed for high school students interested in learning the fundamentals of martial arts.

This class requires no prior experience and is perfect for beginners who want to explore various martial arts disciplines, improve physical fitness, and develop self-discipline and confidence.

COURSE OBJECTIVES

By the end of this course, students will:

- Understand the basic principles and philosophies of martial arts.
- Learn foundational techniques from different martial arts styles.
- Improve physical fitness, flexibility, and coordination.
- Develop self-defense skills and strategies.
- Foster mental discipline, focus, and respect for others.

ASSESSMENT

Students will be assessed through a combination of practical demonstrations, participation in class activities, written reflections on martial arts philosophy, and a final performance. Regular feedback will be provided to help students improve their skills and understanding.

POTENTIAL FIELD TRIPS

Buckeye Martial Arts:

- Experience a class focusing on self-defense and practical martial arts applications.
- Tour the dojo and observe advanced students in training.
- Participate in a Q&A session with experienced martial artists and instructors.

Columbus Kendo Club:

- Attend a Kendo practice session and learn about this traditional Japanese martial art.
- Participate in an introductory workshop on Kendo techniques and etiquette.
- Engage in discussions about the history and philosophy of Kendo.

Zen Wellness Center:

- Participate in a Tai Chi or Qigong class focusing on the mind-body connection.
- Learn about the health benefits of these internal martial arts practices.
- Engage in discussions about the role of mindfulness and meditation in martial arts training.

PAINTING CLASS

with Mr. Cohen



PAINTING CLASS - immerses in the vibrant world of acrylic painting, covering techniques from foundational skills to advanced applications.

Through hands-on projects and guided exercises, students will learn color theory, composition, brushwork, and blending techniques specific to acrylics. **The course requires no prior experience**, and emphasizes technical proficiency and creative expression, encouraging students to develop their artistic voice while exploring various styles and subjects.

COURSE OBJECTIVES

By the end of this course, students will:

- Understand the fundamental principles of painting.
- Learn various painting techniques and mediums.
- Develop skills in color theory and composition.
- Gain knowledge of art history and different painting styles.
- Create and present original artworks.

ASSESSMENT

Students will be assessed through a combination of practical painting assignments, participation in class activities, written reflections on art history and techniques, and a final project consisting of a series of original paintings. Regular feedback will be provided to help students improve their skills and understanding of painting concepts.

POTENTIAL FIELD TRIPS

Columbus Museum of Art:

- Tour the collections and special exhibitions.
- Participate in a guided tour focusing on different painting techniques and art movements.
- Engage in a hands-on workshop or art-making activity.

Franklinton Arts District:

- Discover street art and murals in this vibrant arts district.
- Meet local muralists and learn about the process of creating large-scale artworks.
- Participate in a community art project or mural painting.

Columbus College of Art and Design (CCAD):

- Tour the campus and explore student galleries.
- Attend a painting class or workshop.
- Speak with instructors and students about their artistic journeys and education.

PHOTOGRAPHY CLASS

with Ms. Mitchell



PHOTOGRAPHY CLASS - an exciting and creative course designed for high school students who have an interest in capturing the world through a lens.

This class requires no prior experience and is perfect for beginners and those with some background in photography. Students will learn fundamental photography techniques, explore different genres, and develop their own photographic style.

COURSE OBJECTIVES

By the end of this course, students will:

- Understand the basic principles of photography.
- Learn to use a camera and related equipment effectively.
- Develop skills in composition, lighting, and editing.
- Explore various genres of photography.
- Create and present a portfolio of their work.

ASSESSMENT

Students will be assessed through a combination of practical photography assignments, participation in class activities, written reflections on photography topics, and a final project consisting of a personal photography portfolio. Regular feedback will be provided to help students improve their skills and understanding of photography concepts.

POTENTIAL FIELD TRIPS

Midwest Photo:

- Tour the facility and learn about various photography equipment and supplies.
- Participate in a product demonstration or workshop.
- Gain insights into selecting the right tools for different photography techniques

Scioto Mile:

- Explore the scenic riverfront and capture outdoor photographs.
- Participate in a guided photo walk focusing on landscape and urban photography.
- Discuss techniques for capturing dynamic outdoor shots.

Urban Scrawl:

- Document the creation of murals and street art in the Franklinton Arts District.
- Participate in a photo walk focusing on street photography and urban art.
- Learn about the relationship between photography and public art.

SCULPTING CLASS

with Mr. Hanna



SCULPTING CLASS – a hands-on and imaginative course designed for high school students interested in the world of three-dimensional art.

This class requires no prior experience and is perfect for beginners or those with a background in visual arts. Students will explore various sculptural materials and techniques while developing their creative expression and artistic voice.

COURSE OBJECTIVES

By the end of this course, students will:

- Understand fundamental sculpting principles and techniques.
- Learn to work with a variety of materials such as clay, wire, plaster, and recycled objects.
- Explore the elements of form, texture, and space in 3D design.
- Study influential sculptors and the history of sculpture across cultures.
- Create original sculptural works from concept to completion.

ASSESSMENT

Students will be assessed through a combination of hands-on projects, participation in studio activities, reflective artist statements, and a final sculptural portfolio or showcase. Regular feedback will be provided to help students refine their skills and deepen their understanding of sculptural concepts.

POTENTIAL FIELD TRIPS

Columbus Museum of Art:

- View and analyze historical and contemporary sculptures.
- Participate in a hands-on workshop led by museum educators.

Glass Axis or Phoenix Rising Printmaking Cooperative:

- Learn about mixed media and alternative sculptural forms.
- Explore local artist studios and observe demonstrations.

Columbus College of Art & Design (CCAD):

- Tour the sculpture and fine arts facilities.
- Engage in a workshop or critique with student artists and professors.
- Learn about career paths in 3D arts and design.

VIOLIN MASTERCLASS

with Lady J



VIOLIN MASTERCLASS - an exclusive and immersive course designed for high school students with a demonstrated passion and skill for violin.

This invite-only program is tailored for students who exhibit great behaviors and discipline for the arts, offering a unique opportunity to refine technique, expand repertoire, and develop artistic interpretation under expert guidance.

COURSE OBJECTIVES

By the end of this course, students will:

- Master advanced techniques such as vibrato, shifting, and bow control.
- Explore a wide repertoire, including classical, contemporary, and cultural pieces.
- Develop a deeper understanding of music theory and its application to violin performance.
- Enhance ensemble playing skills through duets, quartets, and orchestral excerpts.
- Prepare and perform polished solo pieces in a recital setting.

ASSESSMENT

Students will be assessed through individual performance evaluations, participation in ensemble activities, and reflective journaling on musical growth. The course culminates in a formal recital showcasing solo and group performances. Constructive feedback will be provided throughout to support each student's development as a musician.

POTENTIAL FIELD TRIPS

- **Columbus Symphony Orchestra:**
 - Attend a live performance featuring professional violinists.
 - Participate in a backstage tour and Q&A with orchestra members.
- **The Ohio State University - School of Music:**
 - Engage in a masterclass with university faculty or visiting artists.
 - Tour the music department's facilities and learn about collegiate music opportunities.
- **A Local Luthier Workshop:**
 - Discover the art of violin crafting and maintenance.
 - Learn about instrument care and setup from expert luthiers.

YOGA CLASS

with Ms. Marya



YOGA CLASS - focus on moving and connecting with our bodies, practicing mindfulness both on and off the mat, and learning breathing techniques to calm our nervous systems.

Yoga isn't just about physical postures; it's a pathway to quieting the mind and enhancing our awareness of ourselves and the world around us. Through this practice, we'll explore how yoga can positively impact our approach to life, fostering a deeper connection between mind, body, and spirit.

No prior experience needed.

COURSE OBJECTIVES

By the end of this course, students will:

- Understand the basic principles of yoga.
- Learn and practice various yoga poses and sequences.
- Develop proper breathing techniques for relaxation and focus.
- Gain knowledge of mindfulness and meditation practices.
- Improve flexibility, strength, and overall wellness.

ASSESSMENT

Students will be assessed through participation in class activities, practice of yoga poses and sequences, written reflections on yoga topics, and a final project consisting of a personal yoga practice routine. Regular feedback will be provided to help students improve their skills and understanding of yoga concepts.

POTENTIAL FIELD TRIPS

CorePower Yoga:

- Experience a variety of yoga styles, from hot yoga to power yoga.
- Attend a class that incorporates fitness elements into yoga practice.
- Learn about the importance of flexibility and strength training.

YMCA of Central Ohio:

- Attend a yoga class designed for youth.
- Participate in additional fitness activities such as swimming, strength training, or cardio.
- Discuss wellness programs and community health initiatives.

OSU - Department of Human Sciences:

- Tour the facilities and learn about health and wellness programs.
- Participate in a yoga class or fitness workshop led by university instructors.
- Engage in discussions about careers in health, wellness, and fitness.



"The majority of my foundation, morals and beliefs as a person was developed from the arts education I received as a young and growing scholar and artist. We take artistic growth seriously here at FHS as, I truly believe, learning to be a good artist is learning how to be a good person. The opportunity for our students to learn and grow from within this space with artistic community leaders within our city is one I am thankful I get to witness and help further develop and guide."

Mr. Myles Lawson, FHS Arts & Movement Director



"We believe the Arts are at the core of what it means to be a human being. Helping our students become literate in the Arts allows them to develop their creativity and innovation skills so that they can dig deeper into their self-discovery journey. The Arts build community and help students develop discipline of the mind and body. As a long-time arts educator, I know firsthand the power and positive impact of artistic expression on a student's mind, body, and spirit. Our students deserve these opportunities to develop their unique artistic expression and that's why the Arts & Movement Program remains a centerpiece of the FHS experience."

Mrs. Jennifer Griffith, FHS Principal



"FHS Arts and Movement experiences complement what it means to be a well educated person by focusing on developing and showcasing the creative capabilities of students. "

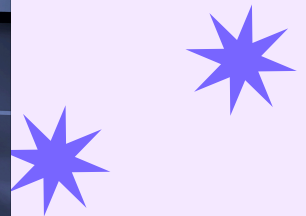
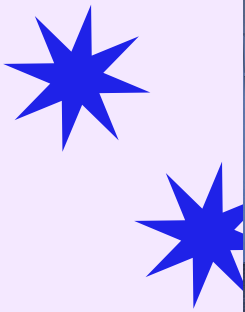
Dr. Anne Hyland, FHS Superintendent



Franklinton High School

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<https://franklintonhigh.org>



knowledge | inspiration | language | skills | tools